



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Bilek, Marcel

Club: Lauffeuer Fröttstädt e.V.
Number: 77

Course: 100.22 km
100 Kilometer

Category:
Senioren M30 (30-34 Jahre)

Total time: 11:46:37

Speed: 8.51 km/h
Running performance: 7:03 min/km

Rank in course/Total: 46 (of 246)

Rank in course/Men: 43 (of 211)

Best time in course: 8:32:51

Rank in category: 7(of 13)

Best time in the category: 8:32:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:48:53	6:09	6	23:30	38	27:07	27.39	2:48:53	6:09	6	23:30	38	27:07
Floh-Seligenthal	27.74	3:06:31	6:43	8	29:05	64	44:18	55.13	5:55:24	6:26	9	1:28:03	48	1:28:03
Finsterbergen	22.03	2:44:44	7:28	6	43:05	37	47:17	77.16	8:40:08	6:44	7	2:11:08	37	2:11:08
Fröttstädt	23.06	3:06:29	8:05	8	1:02:38	60	1:08:22	100.22	11:46:37	7:03	7	3:13:46	43	3:13:46