



13. thüringenULTRA

Fröttstädt / 06.07.2019

Detailed evaluation

Knefel, Günter

Club: Füchse Berlin
Number: 228

Course: 100.22 km
100 Kilometer

Category:
Senioren M65 (65-69 Jahre)

Total time: 11:52:32

Speed: 8.42 km/h
Running performance: 7:07 min/km

Rank in course/Total: 49 (of 246)

Rank in course/Men: 46 (of 211)

Best time in course: 8:32:51

Rank in category: 1(of 8)

Best time in the category: 11:52:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:12:01	7:00	2	6:25	85	50:15	27.39	3:12:01	7:00	2	6:25	85	50:15
Floh-Seligenthal	27.74	2:58:58	6:27	1	-	43	36:45	55.13	6:10:59	6:43	1	-	70	1:43:38
Finsterbergen	22.03	2:45:29	7:30	1	-	40	48:02	77.16	8:56:28	6:57	1	-	50	2:27:28
Fröttstädt	23.06	2:56:04	7:38	1	-	46	57:57	100.22	11:52:32	7:06	1	-	46	3:19:41