



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Knof, Hugo

Club: SV Birkenhard
Number: 75

Course: 100.22 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 12:06:08

Speed: 8.26 km/h
Running performance: 7:15 min/km

Rank in course/Total: 60 (of 246)

Rank in course/Men: 57 (of 211)

Best time in course: 8:32:51

Rank in category: 9(of 43)

Best time in the category: 10:38:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:57:30	6:28	9	20:52	52	35:44	27.39	2:57:30	6:28	9	20:52	52	35:44
Floh-Seligenthal	27.74	2:57:42	6:24	7	14:03	39	35:29	55.13	5:55:12	6:26	8	34:55	47	1:27:51
Finsterbergen	22.03	2:50:56	7:45	7	17:22	47	53:29	77.16	8:46:08	6:49	7	45:31	44	2:17:08
Fröttstädt	23.06	3:20:00	8:40	18	42:45	85	1:21:53	100.22	12:06:08	7:14	9	1:27:43	57	3:33:17