



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Öhm, Martin

Club: Jedes Training zählt
Number: 51

Course: 100.22 km
100 Kilometer

Category:
Senioren M35 (35-39 Jahre)

Total time: 12:14:12

Speed: 8.19 km/h
Running performance: 7:20 min/km

Rank in course/Total: 63 (of 246)

Rank in course/Men: 60 (of 211)

Best time in course: 8:32:51

Rank in category: 10(of 21)

Best time in the category: 8:47:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:08:47	6:53	12	40:29	80	47:01	27.39	3:08:47	6:53	12	40:29	80	47:01
Floh-Seligenthal	27.74	3:02:43	6:35	10	40:30	58	40:30	55.13	6:11:30	6:44	12	1:19:28	72	1:44:09
Finsterbergen	22.03	2:55:02	7:56	11	57:35	58	57:35	77.16	9:06:32	7:04	10	2:17:03	59	2:37:32
Fröttstädt	23.06	3:07:40	8:08	12	1:09:33	61	1:09:33	100.22	12:14:12	7:19	10	3:26:36	60	3:41:21