



13. thüringenULTRA

Fröttstädt / 06.07.2019

Detailed evaluation

Richter, Dirk

Club: .

Number: 61

Course: 100.22 km

100 Kilometer

Category:

Senioren M55 (55-59 Jahre)

Total time: 12:21:50

Speed: 8.09 km/h

Running performance: 7:24 min/km

Rank in course/Total: 68 (of 246)

Rank in course/Men: 65 (of 211)

Best time in course: 8:32:51

Rank in category: 8(of 45)

Best time in the category: 10:21:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:11:21	6:59	15	39:15	83	49:35	27.39	3:11:21	6:59	15	39:15	83	49:35
Floh-Seligenthal	27.74	3:08:13	6:47	12	26:19	69	46:00	55.13	6:19:34	6:53	13	1:03:32	78	1:52:13
Finsterbergen	22.03	2:52:38	7:50	7	21:57	54	55:11	77.16	9:12:12	7:09	11	1:25:29	67	2:43:12
Fröttstädt	23.06	3:09:38	8:13	7	35:01	66	1:11:31	100.22	12:21:50	7:24	8	2:00:30	65	3:48:59