



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

Melzer, Ines

Club: Jessen  
Number: 243

Course: 100.22 km  
100 Kilometer

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 12:22:02

Speed: 8.09 km/h  
Running performance: 7:24 min/km

Rank in course/Total: 70 (of 246)

Rank in course/Women: 4 (of 35)

Best time in course: 11:06:18

Rank in category: 2(of 11)

Best time in the category: 11:38:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:13:52	7:04	2	17:34	7	17:34	27.39	3:13:52	7:04	2	17:34	7	17:34
Floh-Seligenthal	27.74	3:10:40	6:52	3	18:14	5	18:14	55.13	6:24:32	6:58	2	35:48	7	35:48
Finsterbergen	22.03	3:06:13	8:27	3	19:59	9	31:25	77.16	9:30:45	7:23	3	55:47	8	1:00:59
Fröttstädt	23.06	2:51:17	7:25	1	-	3	14:45	100.22	12:22:02	7:24	2	43:54	4	1:15:44