



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

Bechmann, Rico

Club: Lauffeuer Fröttstädt  
Number: 4

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M35 (35-39 Jahre)

Total time: 8:47:36

Speed: 11.37 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 2 (of 246)

Rank in course/Men: 2 (of 211)

Best time in course: 8:32:51

Rank in category: 1(of 21)

Best time in the category: 8:47:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:29:49	5:28	3	1:31	7	8:03	27.39	2:29:49	5:28	3	1:31	7	8:03
Floh-Seligenthal	27.74	2:22:13	5:07	1	-	1	-	55.13	4:52:02	5:17	1	-	4	24:41
Finsterbergen	22.03	1:57:27	5:19	1	-	1	-	77.16	6:49:29	5:18	1	-	2	20:29
Fröttstädt	23.06	1:58:07	5:07	1	-	1	-	100.22	8:47:36	5:15	1	-	2	14:45