



13. thüringenULTRA

Fröttstädt / 06.07.2019

Detailed evaluation

Ehrlich, Volker

Club: Impuls Erfurt
Number: 100

Course: 100.22 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 12:32:20

Speed: 7.99 km/h
Running performance: 7:31 min/km

Rank in course/Total: 73 (of 246)

Rank in course/Men: 69 (of 211)

Best time in course: 8:32:51

Rank in category: 11(of 45)

Best time in the category: 10:21:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:01:18	6:37	10	29:12	63	39:32	27.39	3:01:18	6:37	10	29:12	63	39:32
Floh-Seligenthal	27.74	3:05:42	6:41	9	23:48	61	43:29	55.13	6:07:00	6:39	8	50:58	62	1:39:39
Finsterbergen	22.03	3:03:19	8:19	14	32:38	76	1:05:52	77.16	9:10:19	7:07	10	1:23:36	66	2:41:19
Fröttstädt	23.06	3:22:01	8:45	13	47:24	88	1:23:54	100.22	12:32:20	7:30	11	2:11:00	69	3:59:29