



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

Herfurt, Ute

Club: LV Limbach 2000  
Number: 251

Course: 100.22 km  
100 Kilometer

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 12:34:03

Speed: 7.96 km/h  
Running performance: 7:31 min/km

Rank in course/Total: 76 (of 246)

Rank in course/Women: 6 (of 35)

Best time in course: 11:06:18

Rank in category: 2(of 11)

Best time in the category: 11:06:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:05:59	6:47	2	3:30	5	9:41	27.39	3:05:59	6:47	2	3:30	5	9:41
Floh-Seligenthal	27.74	3:12:42	6:56	2	20:13	6	20:16	55.13	6:18:41	6:52	2	23:43	4	29:57
Finsterbergen	22.03	3:03:25	8:19	2	28:37	6	28:37	77.16	9:22:06	7:17	2	52:20	4	52:20
Fröttstädt	23.06	3:11:57	8:19	2	35:25	8	35:25	100.22	12:34:03	7:31	2	1:27:45	6	1:27:45