



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Nentwig, Axel

Club: Nahelauf-Therapie
Number: 84

Course: 100.22 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 12:39:30

Speed: 7.92 km/h
Running performance: 7:35 min/km

Rank in course/Total: 80 (of 246)

Rank in course/Men: 73 (of 211)

Best time in course: 8:32:51

Rank in category: 12(of 43)

Best time in the category: 10:38:25

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:19:58	7:18	18	43:20	109	58:12	27.39	3:19:58	7:18	18	43:20	109	58:12
Floh-Seligenthal	27.74	3:13:53	6:59	12	30:14	85	51:40	55.13	6:33:51	7:08	15	1:13:34	97	2:06:30
Finsterbergen	22.03	2:59:22	8:08	13	25:48	67	1:01:55	77.16	9:33:13	7:25	13	1:32:36	85	3:04:13
Fröttstädt	23.06	3:06:17	8:04	9	29:02	58	1:08:10	100.22	12:39:30	7:34	12	2:01:05	73	4:06:39