



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Wiedig, Michael

Club: Aschersleben
Number: 215

Course: 100.22 km
100 Kilometer

Category:
Senioren M40 (40-44 Jahre)

Total time: 12:45:35

Speed: 7.84 km/h
Running performance: 7:38 min/km

Rank in course/Total: 86 (of 246)

Rank in course/Men: 79 (of 211)

Best time in course: 8:32:51

Rank in category: 10(of 22)

Best time in the category: 9:14:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:02:36	6:39	11	34:14	69	40:50	27.39	3:02:36	6:39	11	34:14	69	40:50
Floh-Seligenthal	27.74	3:01:36	6:32	9	37:57	54	39:23	55.13	6:04:12	6:36	11	1:24:01	60	1:36:51
Finsterbergen	22.03	3:05:53	8:26	8	54:12	81	1:08:26	77.16	9:10:05	7:07	11	2:06:23	64	2:41:05
Fröttstädt	23.06	3:35:30	9:20	12	1:24:59	108	1:37:23	100.22	12:45:35	7:38	10	3:31:22	79	4:12:44