



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Kosuch, Dieter

Club: Finanz Informatik
Number: 141

Course: 100.22 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 12:45:36

Speed: 7.84 km/h
Running performance: 7:38 min/km

Rank in course/Total: 87 (of 246)

Rank in course/Men: 80 (of 211)

Best time in course: 8:32:51

Rank in category: 14(of 45)

Best time in the category: 10:21:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:10:58	6:58	14	38:52	82	49:12	27.39	3:10:58	6:58	14	38:52	82	49:12
Floh-Seligenthal	27.74	3:13:49	6:59	17	31:55	84	51:36	55.13	6:24:47	6:58	17	1:08:45	86	1:57:26
Finsterbergen	22.03	2:45:18	7:30	4	14:37	39	47:51	77.16	9:10:05	7:07	9	1:23:22	64	2:41:05
Fröttstädt	23.06	3:35:31	9:20	17	1:00:54	109	1:37:24	100.22	12:45:36	7:38	14	2:24:16	80	4:12:45