



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Miller, Alex

Club: Team Miller-Udell
Number: 64

Course: 100.22 km
100 Kilometer

Category:
Senioren M40 (40-44 Jahre)

Total time: 12:48:15

Speed: 7.83 km/h
Running performance: 7:40 min/km

Rank in course/Total: 90 (of 246)

Rank in course/Men: 82 (of 211)

Best time in course: 8:32:51

Rank in category: 11(of 22)

Best time in the category: 9:14:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:19:44	7:17	16	51:22	107	57:58	27.39	3:19:44	7:17	16	51:22	107	57:58
Floh-Seligenthal	27.74	3:16:54	7:05	13	53:15	92	54:41	55.13	6:36:38	7:11	16	1:56:27	99	2:09:17
Finsterbergen	22.03	3:06:20	8:27	9	54:39	82	1:08:53	77.16	9:42:58	7:33	12	2:39:16	90	3:13:58
Fröttstädt	23.06	3:05:17	8:02	8	54:46	55	1:07:10	100.22	12:48:15	7:39	11	3:34:02	82	4:15:24