



Detailed evaluation

Spencer, Rob

Total time: 31:31.23

Number: 109

Day3

Rank in course: 107 (of 141)

Best time in course: 18:44.33

Category:

Rank in category: 25(of 40)

MEN40

Best time in the category: 20:38.57

Intermediate times				Stage score			Total ranking			
Control	Split Time	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total Time	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Stage 1	8:06.25	26	2:58.19	110	3:20.34	8:06.25	26	2:58.19	110	3:20.34
Stage 2	10:15.63	22	3:06.51	100	3:44.15	18:21.88	23	6:04.70	103	7:04.49
Stage 3	5:41.21	32	1:44.96	119	2:14.71	24:03.09	24	7:45.41	104	9:14.91
Stage 4	7:28.14	29	3:17.85	115	3:32.14	31:31.23	25	10:52.66	107	12:46.90