



Detailed evaluation

Frost, Frank

Total time: 45:31.61

Club: RSV Düren
Number: 35

Course: 21.00 km

Riders

Rank in course: 142 (of 270)

Best time in course: 33:57.65

Category:

Rank in category: 34(of 65)

Masters

Best time in the category: 35:43.75

| Intermediate times | | | Stage score | | | Total ranking | | | | |
|--------------------|------------|----------|-------------|-----------|--------------|---------------|----------|-------------|-----------|--------------|
| Control | Split Time | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total Time | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Stage 1 | 3:23.77 | 43 | 0:52.72 | 177 | 0:59.90 | 3:23.77 | 43 | 0:52.72 | 177 | 0:59.90 |
| Stage 2 | 3:01.75 | 42 | 0:45.31 | 167 | 0:49.35 | 6:25.52 | 40 | 1:38.03 | 172 | 1:49.25 |
| Stage 3 | 2:28.47 | 40 | 0:33.92 | 155 | 0:41.11 | 8:53.99 | 39 | 2:11.95 | 162 | 2:30.36 |
| Stage 4 | 3:02.70 | 33 | 0:30.00 | 142 | 0:37.27 | 11:56.69 | 37 | 2:41.95 | 153 | 3:03.48 |
| Stage 5 | 3:39.95 | 50 | 1:01.40 | 192 | 1:06.38 | 15:36.64 | 40 | 3:38.81 | 167 | 4:08.91 |
| Stage 6 | 3:47.77 | 33 | 0:43.90 | 136 | 0:52.15 | 19:24.41 | 40 | 4:22.71 | 160 | 5:01.06 |
| Stage 7 | 2:32.78 | 41 | 0:29.28 | 169 | 0:33.13 | 21:57.19 | 40 | 4:51.99 | 160 | 5:33.57 |
| Stage 8 | 5:48.80 | 41 | 1:08.60 | 140 | 1:18.48 | 27:45.99 | 40 | 6:00.59 | 155 | 6:52.05 |
| Stage 9 | 4:59.24 | 39 | 0:59.68 | 162 | 1:10.45 | 32:45.23 | 37 | 6:47.91 | 150 | 8:02.50 |
| Stage 10 | 2:41.54 | 20 | 0:30.56 | 103 | 0:32.56 | 35:26.77 | 37 | 7:18.47 | 148 | 8:35.06 |
| Stage 11 | 7:37.42 | 37 | 1:59.24 | 139 | 2:20.17 | 43:04.19 | 35 | 9:17.71 | 145 | 10:55.23 |
| Stage 12 | 2:27.42 | 21 | 0:30.15 | 102 | 0:38.73 | 45:31.61 | 34 | 9:47.86 | 142 | 11:33.96 |