



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Rümpler, Maurice

Club: SV Creaton Großengottern
Number: 1109

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U20 (18-19 Jahre)

Total time: 20:41

Speed: 14.50 km/h
Running performance: 4:08 min/km

Rank in course/Total: 6 (of 238)

Rank in course/Men: 6 (of 130)

Best time in course: 17:44

Rank in category: 1(of 5)

Best time in the category: 20:41

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 4.55 | 19:15 | 4:13 | 1 | - | 7 | 9:59 | 4.55 | 19:15 | 4:13 | 1 | - | 7 | 9:59 |
| Last lap Finish | 0.45 | 1:26 | 3:11 | 2 | 0:02 | 3 | 0:09 | 5.00 | 20:41 | 4:08 | 1 | - | 6 | 2:57 |