



3Türmelauf  
Bad Langensalza / 14.04.2019

Detailed evaluation

Schäfer, Markus

Club: Kleinwelsbach  
Number: 1041

Course: 5.00 km  
5 km - Lauf

Category:  
männliche Jugend U16 (14-15 Jahre)

Total time: 20:40  
Speed: 14.52 km/h  
Running performance: 4:08 min/km  
Rank in course/Total: 5 (of 238)  
Rank in course/Men: 5 (of 130)  
Best time in course: 17:44  
Rank in category: 2(of 11)  
Best time in the category: 20:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	4.55	19:13	4:13	2	0:18	6	9:57	4.55	19:13	4:13	2	0:18	6	9:57
Last lap Finish	0.45	1:27	3:13	1	-	4	0:10	5.00	20:40	4:08	2	0:18	5	2:56