



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Bürger, Tara

Club: Salza-Gymnasium
Number: 1141

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 22:12

Speed: 13.51 km/h
Running performance: 4:26 min/km

Rank in course/Total: 10 (of 238)

Rank in course/Women: 2 (of 108)

Best time in course: 21:46

Rank in category: 1(of 10)

Best time in the category: 22:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	4.55	20:33	4:30	1	-	3	11:19	4.55	20:33	4:30	1	-	3	11:19
Last lap Finish	0.45	1:39	3:39	2	0:03	4	0:07	5.00	22:12	4:26	1	-	2	0:26