



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Weißer, Andreas

Club: Stadt Bad Langensalza / Stadtläufer
Number: 1099

Course: 5.00 km
5 km - Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 22:13

Speed: 13.50 km/h

Running performance: 4:26 min/km

Rank in course/Total: 12 (of 238)

Rank in course/Men: 10 (of 130)

Best time in course: 17:44

Rank in category: 1(of 12)

Best time in the category: 22:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	4.55	20:35	4:31	1	-	10	11:19	4.55	20:35	4:31	1	-	10	11:19
Last lap Finish	0.45	1:38	3:37	2	0:02	16	0:21	5.00	22:13	4:26	1	-	10	4:29