



3Türmelauf  
Bad Langensalza / 14.04.2019

Detailed evaluation

Lorbeer, Alina

Club: Bad Langensalza  
Number: 1185

Course: 5.00 km  
5 km - Lauf

Category:  
weibliche Jugend U14 (12-13 Jahre)

Total time: 22:19

Speed: 13.44 km/h  
Running performance: 4:28 min/km

Rank in course/Total: 14 (of 238)

Rank in course/Women: 3 (of 108)

Best time in course: 21:46

Rank in category: 2(of 10)

Best time in the category: 22:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	4.55	20:43	4:33	2	0:10	4	11:29	4.55	20:43	4:33	2	0:10	4	11:29
Last lap Finish	0.45	1:36	3:33	1	-	2	0:04	5.00	22:19	4:27	2	0:07	3	0:33