



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Daniel, Julian

Club: Salza-Gymnasium
Number: 1142

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 22:37

Speed: 13.26 km/h
Running performance: 4:31 min/km

Rank in course/Total: 17 (of 238)

Rank in course/Men: 13 (of 130)

Best time in course: 17:44

Rank in category: 2(of 15)

Best time in the category: 21:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	4.55	20:53	4:35	2	1:03	14	11:37	4.55	20:53	4:35	2	1:03	14	11:37
Last lap Finish	0.45	1:44	3:51	6	0:08	37	0:27	5.00	22:37	4:31	2	1:11	13	4:53