



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Wenzel, Jana

Club: Marineclub Gotha
Number: 1261

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 22:57

Speed: 13.07 km/h
Running performance: 4:35 min/km

Rank in course/Total: 25 (of 238)

Rank in course/Women: 7 (of 108)

Best time in course: 21:46

Rank in category: 2(of 15)

Best time in the category: 22:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	4.55	21:19	4:41	1	-	7	12:05	4.55	21:19	4:41	1	-	7	12:05
Last lap Finish	0.45	1:38	3:37	2	0:06	3	0:06	5.00	22:57	4:35	2	0:02	7	1:11