



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Stößel, Adrian

Club: THEPRA FÖZ Am Fernebach
Number: 1179

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U20 (18-19 Jahre)

Total time: 24:25

Speed: 12.29 km/h
Running performance: 4:53 min/km

Rank in course/Total: 52 (of 238)

Rank in course/Men: 39 (of 130)

Best time in course: 17:44

Rank in category: 3(of 5)

Best time in the category: 20:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	4.55	22:49	5:00	3	3:34	42	13:33	4.55	22:49	5:00	3	3:34	42	13:33
Last lap Finish	0.45	1:36	3:33	4	0:12	13	0:19	5.00	24:25	4:53	3	3:44	39	6:41