



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Reinsberg, Erhard

Club: Bad Langensalza

Number: 1037

Course: 5.00 km

5 km - Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 25:16

Speed: 11.87 km/h

Running performance: 5:03 min/km

Rank in course/Total: 65 (of 238)

Rank in course/Men: 49 (of 130)

Best time in course: 17:44

Rank in category: 1(of 5)

Best time in the category: 25:16

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	4.55	23:15	5:06	1	-	48	13:59	4.55	23:15	5:06	1	-	48	13:59
Last lap Finish	0.45	2:01	4:28	1	-	77	0:44	5.00	25:16	5:03	1	-	49	7:32