



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Fischer, Christian

Club: Bothenheilingen
Number: 1062

Course: 5.00 km
5 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 25:21

Speed: 11.83 km/h
Running performance: 5:04 min/km

Rank in course/Total: 66 (of 238)

Rank in course/Men: 50 (of 130)

Best time in course: 17:44

Rank in category: 5(of 12)

Best time in the category: 22:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	4.55	23:37	5:11	6	3:02	53	14:21	4.55	23:37	5:11	6	3:02	53	14:21
Last lap Finish	0.45	1:44	3:51	4	0:08	37	0:27	5.00	25:21	5:04	5	3:08	50	7:37