



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Sluka, Johannes

Club: Bad Langensalza

Number: 1048

Course: 5.00 km

5 km - Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 26:06

Speed: 11.49 km/h

Running performance: 5:13 min/km

Rank in course/Total: 84 (of 238)

Rank in course/Men: 63 (of 130)

Best time in course: 17:44

Rank in category: 2(of 7)

Best time in the category: 24:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	4.55	24:31	5:23	3	15:15	64	15:15	4.55	24:31	5:23	3	15:15	64	15:15
Last lap Finish	0.45	1:35	3:31	1	-	10	0:18	5.00	26:06	5:13	2	1:42	63	8:22