



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Eckersberg, Daniel

Club: Schönstedt
Number: 1010

Course: 5.00 km
5 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 27:26

Speed: 10.94 km/h
Running performance: 5:29 min/km

Rank in course/Total: 102 (of 238)

Rank in course/Men: 75 (of 130)

Best time in course: 17:44

Rank in category: 7(of 12)

Best time in the category: 22:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	4.55	25:25	5:35	8	4:50	77	16:09	4.55	25:25	5:35	8	4:50	77	16:09
Last lap Finish	0.45	2:01	4:28	7	0:25	77	0:44	5.00	27:26	5:29	7	5:13	75	9:42