



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Müller, Gregor

Club: ZEISS Sportsteam

Number: 1129

Course: 5.00 km

5 km - Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 27:42

Speed: 10.83 km/h

Running performance: 5:32 min/km

Rank in course/Total: 107 (of 238)

Rank in course/Men: 79 (of 130)

Best time in course: 17:44

Rank in category: 7(of 11)

Best time in the category: 18:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	4.55	25:32	5:36	7	8:25	79	16:16	4.55	25:32	5:36	7	8:25	79	16:16
Last lap Finish	0.45	2:10	4:48	9	0:39	100	0:53	5.00	27:42	5:32	7	9:04	79	9:58