



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Feuerriegel, Jens

Club: Erfurt
Number: 1014

Course: 5.00 km
5 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 28:06

Speed: 10.68 km/h
Running performance: 5:37 min/km

Rank in course/Total: 116 (of 238)

Rank in course/Men: 84 (of 130)

Best time in course: 17:44

Rank in category: 8(of 11)

Best time in the category: 18:38

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 4.55 | 26:01 | 5:43 | 8 | 8:54 | 86 | 16:45 | 4.55 | 26:01 | 5:43 | 8 | 8:54 | 86 | 16:45 |
| Last lap Finish | 0.45 | 2:05 | 4:37 | 7 | 0:34 | 86 | 0:48 | 5.00 | 28:06 | 5:37 | 8 | 9:28 | 84 | 10:22 |