



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Egerer, Christina

Club: SWL-ENERGIE-TEAM
Number: 1112

Course: 5.00 km
5 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 29:15

Speed: 10.26 km/h
Running performance: 5:51 min/km

Rank in course/Total: 128 (of 238)

Rank in course/Women: 37 (of 108)

Best time in course: 21:46

Rank in category: 2(of 7)

Best time in the category: 24:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	4.55	26:49	5:53	2	3:41	37	17:35	4.55	26:49	5:53	2	3:41	37	17:35
Last lap Finish	0.45	2:26	5:24	5	0:41	80	0:54	5.00	29:15	5:50	2	4:22	37	7:29