



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Körner, Samuel

Club: SV Empor Bad Langensalza Abt.Boxen
Number: 1213

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 29:19

Speed: 10.23 km/h
Running performance: 5:52 min/km

Rank in course/Total: 130 (of 238)

Rank in course/Women: 39 (of 108)

Best time in course: 21:46

Rank in category: 5(of 15)

Best time in the category: 22:55

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	4.55	27:05	5:57	5	5:46	39	17:51	4.55	27:05	5:57	5	5:46	39	17:51
Last lap Finish	0.45	2:14	4:57	9	0:42	58	0:42	5.00	29:19	5:51	5	6:24	39	7:33