



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Görke, Richard

Club: Salza-Gymnasium

Number: 1144

Course: 5.00 km

5 km - Lauf

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 29:38

Speed: 10.12 km/h

Running performance: 5:56 min/km

Rank in course/Total: 137 (of 238)

Rank in course/Men: 94 (of 130)

Best time in course: 17:44

Rank in category: 9(of 15)

Best time in the category: 21:26

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 4.55 | 27:57 | 6:08 | 11 | 8:07 | 103 | 18:41 | 4.55 | 27:57 | 6:08 | 11 | 8:07 | 103 | 18:41 |
| Last lap Finish | 0.45 | 1:41 | 3:44 | 2 | 0:05 | 24 | 0:24 | 5.00 | 29:38 | 5:55 | 9 | 8:12 | 94 | 11:54 |