



3Türmelauf  
Bad Langensalza / 14.04.2019

Detailed evaluation

Reinländer, Jürgen

Club: Bad Langensalza  
Number: 1036

Course: 5.00 km  
5 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 30:33

Speed: 9.82 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 165 (of 238)

Rank in course/Men: 107 (of 130)

Best time in course: 17:44

Rank in category: 4(of 5)

Best time in the category: 25:16

Intermediate times

Stage score

Total ranking

| Control         | Split | Split | Split  | Pos  | Behind | Pos | Behind | Total | Total | Total  | Pos  | Behind | Pos | Behind |
|-----------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
|                 | km    | Time  | min/km | Cat. | Cat.   | Men | Men    | km    | Time  | min/km | Cat. | Cat.   | Men | Men    |
| Lap 1           | 4.55  | 28:17 | 6:12   | 4    | 5:02   | 106 | 19:01  | 4.55  | 28:17 | 6:12   | 4    | 5:02   | 106 | 19:01  |
| Last lap Finish | 0.45  | 2:16  | 5:02   | 4    | 0:15   | 105 | 0:59   | 5.00  | 30:33 | 6:06   | 4    | 5:17   | 107 | 12:49  |