



# 3Türmelauf

Bad Langensalza / 14.04.2019

## Detailed evaluation

**Böhm, Marie-Theres**

Club: Stadt Bad Langensalza / Stadtläufer  
Number: 1095

Course: 5.00 km  
5 km - Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 30:17

Speed: 9.91 km/h  
Running performance: 6:04 min/km

Rank in course/Total: 157 (of 238)

Rank in course/Women: 55 (of 108)

Best time in course: 21:46

Rank in category: 5(of 7)

Best time in the category: 24:53

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	4.55	28:00	6:09	5	4:52	51	18:46	4.55	28:00	6:09	5	4:52	51	18:46
Last lap Finish	0.45	2:17	5:04	4	0:32	65	0:45	5.00	30:17	6:03	5	5:24	55	8:31