



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Schönemann, Marlen

Club: Egstedt
Number: 1251

Course: 5.00 km
5 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 31:32
Speed: 9.51 km/h
Running performance: 6:19 min/km
Rank in course/Total: 182 (of 238)
Rank in course/Women: 72 (of 108)
Best time in course: 21:46
Rank in category: 5(of 8)
Best time in the category: 22:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	4.55	29:08	6:24	6	19:54	75	19:54	4.55	29:08	6:24	6	19:54	75	19:54
Last lap Finish	0.45	2:24	5:19	6	0:43	76	0:52	5.00	31:32	6:18	5	9:00	72	9:46