



3Türmelauf  
Bad Langensalza / 14.04.2019

Detailed evaluation

Fillinger, Lara Charline

Club: Salza-Gymnasium  
Number: 1143

Course: 5.00 km  
5 km - Lauf

Category:  
weibliche Jugend U18 (16-17 Jahre)

Total time: 32:47

Speed: 9.15 km/h  
Running performance: 6:34 min/km

Rank in course/Total: 193 (of 238)

Rank in course/Women: 77 (of 108)

Best time in course: 21:46

Rank in category: 8(of 11)

Best time in the category: 23:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	4.55	30:14	6:38	9	8:21	81	21:00	4.55	30:14	6:38	9	8:21	81	21:00
Last lap Finish	0.45	2:33	5:39	9	0:50	86	1:01	5.00	32:47	6:33	8	9:11	77	11:01