



**3Türmelauf**  
Bad Langensalza / 14.04.2019

Detailed evaluation

**Ende, Franziska**

Club: Bad Langensalza  
Number: 1012

Course: 5.00 km  
5 km - Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 30:57

Speed: 9.69 km/h  
Running performance: 6:11 min/km

Rank in course/Total: 172 (of 238)

Rank in course/Women: 63 (of 108)

Best time in course: 21:46

Rank in category: 4(of 8)

Best time in the category: 22:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	4.55	28:38	6:17	5	19:24	69	19:24	4.55	28:38	6:17	5	19:24	69	19:24
Last lap Finish	0.45	2:19	5:08	5	0:38	69	0:47	5.00	30:57	6:11	4	8:25	63	9:11