



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Wollenhaupt, Eric

Club: Entspaaaaaaaaaaaaaannt
Number: 1240

Course: 5.00 km
5 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 30:17

Speed: 9.91 km/h
Running performance: 6:04 min/km

Rank in course/Total: 158 (of 238)

Rank in course/Men: 103 (of 130)

Best time in course: 17:44

Rank in category: 14(of 16)

Best time in the category: 17:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	4.55	24:42	5:25	12	8:15	65	15:26	4.55	24:42	5:25	12	8:15	65	15:26
Last lap Finish	0.45	5:35	12:24	16	4:18	129	4:18	5.00	30:17	6:03	14	12:33	103	12:33