



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Leye, Alexander

Club: Floh Seligental
Number: 2281

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 30:17

Speed: 9.91 km/h
Running performance: 6:04 min/km

Rank in course/Total: 159 (of 238)

Rank in course/Men: 103 (of 130)

Best time in course: 17:44

Rank in category: 9(of 11)

Best time in the category: 20:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	4.55	28:22	6:14	9	9:27	109	19:06	4.55	28:22	6:14	9	9:27	109	19:06
Last lap Finish	0.45	1:55	4:15	8	0:28	65	0:38	5.00	30:17	6:03	9	9:55	103	12:33