



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Reichardt, Jana

Club: Empor Boxen
Number: 1228

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 30:17

Speed: 9.91 km/h
Running performance: 6:04 min/km

Rank in course/Total: 160 (of 238)

Rank in course/Women: 55 (of 108)

Best time in course: 21:46

Rank in category: 8(of 15)

Best time in the category: 22:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women						Pos Women	Behind Women
Lap 1	4.55	28:21	6:13	8	7:02	64	19:07	4.55	28:21	6:13	8	7:02	64	19:07
Last lap Finish	0.45	1:56	4:17	4	0:24	21	0:24	5.00	30:17	6:03	8	7:22	55	8:31