



**3Türmelauf**  
Bad Langensalza / 14.04.2019

Detailed evaluation

**Hartung, Ben-Louis**

Club: Salza-Gymnasium  
Number: 1150

Course: 5.00 km  
5 km - Lauf

Category:  
männliche Kinder U12 (10-11 Jahre)

Total time: 31:53

Speed: 9.41 km/h  
Running performance: 6:23 min/km

Rank in course/Total: 188 (of 238)

Rank in course/Men: 113 (of 130)

Best time in course: 17:44

Rank in category: 8(of 10)

Best time in the category: 21:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	4.55	29:33	6:29	8	9:39	114	20:17	4.55	29:33	6:29	8	9:39	114	20:17
Last lap Finish	0.45	2:20	5:11	8	0:42	111	1:03	5.00	31:53	6:22	8	10:21	113	14:09