



3Türmelauf  
Bad Langensalza / 14.04.2019

Detailed evaluation

Hartung, Ben-Louis

Club: Salza-Gymnasium  
Number: 1150

Course: 5.00 km  
5 km - Lauf

Category:  
männliche Kinder U12 (10-11 Jahre)

Total time: 31:53

Speed: 9.41 km/h  
Running performance: 6:23 min/km

Rank in course/Total: 188 (of 238)

Rank in course/Men: 113 (of 130)

Best time in course: 17:44

Rank in category: 8(of 10)

Best time in the category: 21:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	4.55	29:33	6:29	8	9:39	114	20:17	4.55	29:33	6:29	8	9:39	114	20:17
Last lap Finish	0.45	2:20	5:11	8	0:42	111	1:03	5.00	31:53	6:22	8	10:21	113	14:09