



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Voigt, Anja

Club: Bad Langensalza

Number: 1053

Course: 5.00 km

5 km - Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 33:25

Speed: 8.98 km/h

Running performance: 6:41 min/km

Rank in course/Total: 202 (of 238)

Rank in course/Women: 82 (of 108)

Best time in course: 21:46

Rank in category: 8(of 11)

Best time in the category: 21:46

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	4.55	31:07	6:50	8	11:06	88	21:53	4.55	31:07	6:50	8	11:06	88	21:53
Last lap Finish	0.45	2:18	5:06	7	0:33	66	0:46	5.00	33:25	6:40	8	11:39	82	11:39