



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Schieck, Lennox

Club: SV Empor
Number: 1249

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 33:58

Speed: 8.83 km/h
Running performance: 6:47 min/km

Rank in course/Total: 207 (of 238)

Rank in course/Men: 122 (of 130)

Best time in course: 17:44

Rank in category: 13(of 15)

Best time in the category: 21:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	4.55	31:34	6:56	13	11:44	126	22:18	4.55	31:34	6:56	13	11:44	126	22:18
Last lap Finish	0.45	2:24	5:19	12	0:48	115	1:07	5.00	33:58	6:47	13	12:32	122	16:14