



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Toussaint, Sophie-Luise

Club: Bad Langensalza
Number: 1186

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U18 (16-17 Jahre)

Total time: 33:13

Speed: 9.03 km/h
Running performance: 6:38 min/km

Rank in course/Total: 199 (of 238)

Rank in course/Women: 80 (of 108)

Best time in course: 21:46

Rank in category: 9(of 11)

Best time in the category: 23:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	4.55	30:33	6:42	10	8:40	85	21:19	4.55	30:33	6:42	10	8:40	85	21:19
Last lap Finish	0.45	2:40	5:55	10	0:57	93	1:08	5.00	33:13	6:38	9	9:37	80	11:27