



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Bohse, Julia

Club: VR Bank Westthüringen eG
Number: 1265

Course: 5.00 km
5 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 34:13

Speed: 8.77 km/h
Running performance: 6:50 min/km

Rank in course/Total: 211 (of 238)

Rank in course/Women: 86 (of 108)

Best time in course: 21:46

Rank in category: 6(of 7)

Best time in the category: 24:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	4.55	31:09	6:50	6	8:01	89	21:55	4.55	31:09	6:50	6	8:01	89	21:55
Last lap Finish	0.45	3:04	6:48	7	1:19	102	1:32	5.00	34:13	6:50	6	9:20	86	12:27