



3Türmelauf

Bad Langensalza / 14.04.2019

Detailed evaluation

Bittner, Vincent

Club: Salza-Gymnasium
Number: 1138

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 40:01

Speed: 7.50 km/h
Running performance: 8:00 min/km

Rank in course/Total: 230 (of 238)

Rank in course/Men: 128 (of 130)

Best time in course: 17:44

Rank in category: 15(of 15)

Best time in the category: 21:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	4.55	37:11	8:10	15	17:21	129	27:55	4.55	37:11	8:10	15	17:21	129	27:55
Last lap Finish	0.45	2:50	6:17	15	1:14	126	1:33	5.00	40:01	8:00	15	18:35	128	22:17