



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Reinländer, Anna-Lena

Club: Bad Langensalza
Number: 1232

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U18 (16-17 Jahre)

Total time: 30:14

Speed: 9.92 km/h
Running performance: 6:03 min/km

Rank in course/Total: 155 (of 238)

Rank in course/Women: 52 (of 108)

Best time in course: 21:46

Rank in category: 6(of 11)

Best time in the category: 23:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	4.55	28:09	6:11	6	6:16	59	18:55	4.55	28:09	6:11	6	6:16	59	18:55
Last lap Finish	0.45	2:05	4:37	6	0:22	39	0:33	5.00	30:14	6:02	6	6:38	52	8:28