



3Türmelauf  
Bad Langensalza / 14.04.2019

Detailed evaluation

Gerstmann, Peggy

Club: Herbsleben  
Number: 1020

Course: 5.00 km  
5 km - Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 35:28  
Speed: 8.46 km/h  
Running performance: 7:05 min/km  
Rank in course/Total: 220 (of 238)  
Rank in course/Women: 94 (of 108)  
Best time in course: 21:46  
Rank in category: 7(of 8)  
Best time in the category: 22:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	4.55	33:03	7:15	8	23:49	97	23:49	4.55	33:03	7:15	8	23:49	97	23:49
Last lap Finish	0.45	2:25	5:22	7	0:44	78	0:53	5.00	35:28	7:05	7	12:56	94	13:42