



3Türmelauf
Bad Langensalza / 14.04.2019

Detailed evaluation

Gerstmann, Justin

Club: Herbsleben
Number: 1021

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 35:28

Speed: 8.46 km/h
Running performance: 7:05 min/km

Rank in course/Total: 221 (of 238)

Rank in course/Men: 127 (of 130)

Best time in course: 17:44

Rank in category: 14(of 15)

Best time in the category: 21:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	4.55	33:02	7:15	14	13:12	128	23:46	4.55	33:02	7:15	14	13:12	128	23:46
Last lap Finish	0.45	2:26	5:24	13	0:50	116	1:09	5.00	35:28	7:05	14	14:02	127	17:44