



3Türmelauf  
Bad Langensalza / 14.04.2019

Detailed evaluation

Maroldt, Anja

Club: Entspaaaaaaaaaaaaaannt  
Number: 1237

Course: 5.00 km  
5 km - Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 35:27

Speed: 8.46 km/h  
Running performance: 7:05 min/km

Rank in course/Total: 219 (of 238)

Rank in course/Women: 93 (of 108)

Best time in course: 21:46

Rank in category: 17(of 20)

Best time in the category: 22:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	4.55	28:02	6:09	9	7:05	53	18:48	4.55	28:02	6:09	9	7:05	53	18:48
Last lap Finish	0.45	7:25	16:28	19	5:42	105	5:53	5.00	35:27	7:05	17	12:47	93	13:41